



NEWSLETTER



Fighting Hunger, Reducing Waste

Second Harvest is Canada's largest food rescue organization. It helps reduce waste and fight hunger by collecting surplus perishable food from businesses and distributing it to charities across the country. On October 7, Janice Martin, the BC Team Lead, visited Westwood Alliance Church, one of our food distribution centres. She then came to our office and toured the Harvest Kitchen. During her visit, we discussed ways to collaborate further to achieve our goal of zero food waste.



Appreciate Wendy&Mel

Fourteen years after moving to BC, Wendy and Mel discovered a new sense of purpose through food rescue. Wendy was invited to join, and knowing her husband's interest in reducing food waste, she encouraged him to get involved too. Together, they found great joy in volunteering—meeting kind people and helping save good food from going to landfills. Mel shared that helping drivers unload trucks was not only rewarding but also a chance to learn and have fun conversations with other volunteers. Their experience with Food Link opened their eyes to how much food is wasted and how much more can be done. Wendy says, "Just do it. Don't overthink it. Volunteering is truly rewarding."





Great Meeting with CHTP

On October 9, we had an excellent meeting with Sep Saebnia, CEO and President of Cool Heat Truck Parts. His insights and guidance were truly valuable in helping us explore new ways to strengthen our operations and achieve future growth. We are grateful for his time and support and look forward to building a strong and successful partnership together.



Together, We Make a Difference

On October 24, Geneviève Kyle-Lefebvre, General and Artistic Director of the Société francophone de Maillard ville, visited Chateau de ville—one of the affordable housing centres supported by Food Link Society. She joined our amazing volunteers in preparing food hampers for families in need and expressed her gratitude for everyone's teamwork and community spirit.





Building Connections with Watari Counselling & Support Services

Watari Counselling & Support Services is a Vancouver based, nonprofit organization that supports individuals and families facing challenges such as mental health, substance use, and housing instability. Guided by a trauma informed and community centered approach. Watari provides counselling, outreach, and wrap-around supports to promote healing and empowerment. Watari acknowledges that they gather and provide their services on the traditional, unceded territories of the Coast Salish peoples, including the lands of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and səlilwətaʔt (Tsleil-Waututh) Nations. On October 28, we were delighted to welcome Heather Scarff, Executive Director of Watari Counselling & Support Services, who visited us to share insights and exchange experiences about food rescue and supporting community members in need. Her visit highlighted the shared commitment to compassion and collaboration, and we look forward to building a strong partnership with Watari to continue reducing food waste, fighting hunger, and strengthening our community together.

